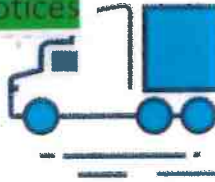


# Australian Government Mobile Service Centres



If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

## Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards
- social work support and referrals.

### More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit [servicesaustralia.gov.au/mobileoffice](https://servicesaustralia.gov.au/mobileoffice)

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.



Services Australia

[servicesaustralia.gov.au/mobileoffice](https://servicesaustralia.gov.au/mobileoffice)

# Australian Government Mobile Service Centre



## Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

**Thursday, 29 June 2023**

9:30 am to 2:30 pm

Near the Old Post Office, Egerton Street

**BLANCHETOWN**

For more information, go to [servicesaustralia.gov.au/mobileoffice](https://servicesaustralia.gov.au/mobileoffice)



Services Australia

[servicesaustralia.gov.au/mobileoffice](https://servicesaustralia.gov.au/mobileoffice)

## FREE ARTHRITIS TALK



### Arthritis SA is hosting a free talk Creaky Knees and Achy Joints

This hour long talk will help you understand Arthritis and what's currently recommended.

**WHERE: District Hall, 3 Shaw Street, Blanchetown.** Light lunch provided.

**WHEN: Wednesday, 21st of June**

**TIME: 11.00am - 12.00pm**

#### Bookings Essential :

Contact Arthritis SA

Phone: (08) 8379 5711 or Ina: 0431 658 338

Email: [health.services@arthritissa.org.au](mailto:health.services@arthritissa.org.au)



## INFANT MASSAGE | RIVERLAND

**Build connection with your baby.** Infant Massage is a free group for parents and caregivers with babies under 12 months.

- Communicate with your baby through touch
- Help reduce your baby's crying times, improve sleep, and lower stress levels
- Learn to read your baby's body language and cues

#### WHEN

Mondays 5, 19 and 26 June | 11.00am-12.30pm

#### WHERE

Relationships Australia SA | 9 Kay Avenue Berri

Please register your interest by contacting Chelsea on (08) 8582 4122 or [berri.intake@rasa.org.au](mailto:berri.intake@rasa.org.au)



# June 2023

## Blanchetown happenings

**Visitors are welcome at any of these events.**

**Breathe** class every Monday in the Hall is a mix of Yoga, Pilates, exercise and relaxation. \$5 per session. Free cuppa from 9.30, class 10am. For more info – contact Ina 0431 658 338.

**Crafties** every Tuesday at the RSL from 9am – noon. \$2.50 includes tea and coffee. For more info contact Margaret 85405112.

**Walking group** meets every Tuesday – Friday starting at the Hall **9 am FREE!!** For more info contact Ina 0431 658 338.

**Quilting** every other Wednesday from 9am – 3pm. \$2.50 includes tea and coffee. For more info – call Jen 0412 360 537.

**Church** for more info – contact Pastor Peter Traeger – 0431 084 408 or Parish Chairperson Alan Reynolds – 0437 894 566

**Go-kart** for more info – contact Greg 0417 849 596.

**Do you have an event you would like included? Give Ina a call on 0431 658 338.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Walking.	2 *Walking. *Blanchetown Hall meeting 7pm.	3 Paringa / BSR.
4 *Church 11am Murbko. *Biggest morning tea.	5 Breathe.	6 Walking.	7 Walking.	8 Walking.	9 Walking.	10 King's birthday Bye.
11 Church 11am Blanchetown.	12 King's birthday long weekend.	13 Walking.	14 * Walking. *Quilting.	15 *Walking. *Community grants close.	16 *Walking. <b>*Community event at Swan Reach.</b>	17 BSR / Brown's Well.
18 *Church 9am Murbko. *Kart Club 125 Trophy Day.	19 Breathe.	20 Walking.	21 *Walking <b>*Arthritis talk at Blanchetown Hall. 11am.</b>	22 Walking.	23 Walking.	24 Wunkar / BSR.
25 Church 9am Blanchetown.	26 Breathe.	27 Walking.	28 * Walking. *Quilting.	29 Walking.	30 *Walking. <b>*Sophie Thompson at Swan Reach Hall.</b>	

**\*Arthritis talk** with Lyn Crossley who is the Health Service Team Leader, there will be a light lunch to follow, please Contact: Arthritis SA Phone: (08) 8379 5711 Email: [health.services@arthritis.org.au](mailto:health.services@arthritis.org.au) or Ina on 0431 658 338 for catering purposes.

**\*COMMUNITY EVENT ~ Friday 16th June 2023 @ 5.30pm ~ SRAS Gymnasium**

**For the whole family (please bring your children, parents,... to the event)**

**Free BBQ from 5.30pm, cakes available for purchase – cash only (made by SACWA Nildottie & District Branch)**

**Presentation will commence at 6.30pm. BYO drinks.**

Mid Murray Our Town & SRAS are committed to the ongoing development of our community's wellbeing through programs that make a difference. We want you to be the best you can be, both at work, school and in your home environment. <https://theresilienceproject.com.au/>

**\*Biggest morning tea** at the Hotel \$15 donation per person, bottomless cup, dress in blue and yellow.

**\*Join Sophie Thomson** from Sophie 's Patch and Gardening Australia, Friday 30th June at the Swan Reach Town Hall 10:00am - 3:00pm – Free Morning Tea & Lunch Booking essential, see attached poster.



# REGROWTH: GARDEN RECOVERY AFTER FLOOD

**FREE EVENT**

Join Sophie Thomson from Sophie's Patch and Gardening Australia as she guides us through:

- ✔ Gardening for Health & Wellbeing
- ✔ Gardening After Flood - Practical Steps to Rebuild a Garden After Flooding & Plant Soil Recovery
- ✔ Growing Food with Raised and Wicking Beds

## EVENT DETAILS

**FRIDAY 30TH OF JUNE AT SMAN REACH HALL,  
3-5 NILDOTTIE ROAD, SMAN REACH  
FROM 10:00 AM - 3:00 PM**

**FREE MORNING TEA & LUNCH PROVIDED**

Book via the QR Code or contact iREACH Rural Health on 8531 1303



Funded by  
**phn**  
COUNTRY SA  
in Australian Partnership 100%

**WE MATTER**

**MID MURRAY Our Town**  
Inclusivity - connection - wellbeing

**~ Community Event ~**

**THE RESILIENCE PROJECT™**

**When: Friday 16th June 2023 @ SRAS  
Gymnasium**

**Free BBQ from 5.30pm**

**Cakes available for purchase made by SACWA Nildottie and District Branch (cash only)**

**Presentation : Discovering Resilience starts at 6.30pm**

**Government of South Australia Wellbeing SA**