

## Community Notices Week 6



# UNDER 13 & 15

PRE-SEASON TRAINING / COME AND TRY

WEDNESDAY MARCH 9TH  
4.15-5.30PM  
AT THE MAGPIES NEST  
PLEASE BYO WATER BOTTLES

WFC SEASON LAUNCH SATURDAY MORNING OF APRIL 2ND  
RFL SEASON KICKS OFF ROUND 1 APRIL 23RD @ BERRI

Blanchetown Yoga/Pilates Fusion Classes held at the Blanchetown Hall.

10am Monday mornings. **Free Coffee/Tea available from 9.30am.**

This class is a unique blend of Gentle Yoga, Gentle Pilates, mindfulness and guided relaxation. Great for flexibility, de-stressing, practicing self-care & mindfulness. Classes are designed to aid flexibility, aches and pains, strengthening your body, stress, anxiety & goal setting. For ALL ages 18years+

You do not need Yoga or Pilates 'experience' to join the classes. Options for all bodies and minds. \$10 per session.

For further information, or to book, call  
Ina Reynolds Ph: 0431 658 338 or

Deb Roberts (Breathe YMR) Ph: 0413 129 088



Blanchetown Hall &  
Community Committee



Are you interested in what's happening in your town?

Would you like to have a say in what you'd like to see in the children's playground?

The Blanchetown District Hall hold their meetings on the first Friday of every month, at the Hall at 7 pm.

Come along and have your say! New faces are always welcome.